

Rapid Assessment Cue Card

Airway - Head & Neck	Breathing - Chest & ABD	Circulation - Cardiac, Pulses & Limbs	Neural - Senses, Affect
<p>Temperature Position snoring? apnea? Facial expression Pallor Bruises, bumps, lesions? Eyes (red? weepy? d/c? drooping lids? pain? vision changes?) Ears (d/c? pain? hearing changes?) Mouth & Pharynx (pink? moist? lesions? exudate? odor? dentures?) Lymph nodes, swellings Headache? ROM & pain</p>	<p>Resp rate & quality SpO2? SOB? Labored breathing? Stridor? cough? productive cough? SOBOE? Nocturnal SOB? Auscultation: wheezes? crackles? pain on deep breathing? chest symmetry? ABD: distended? soft? BSx4? nontender? N & V? Skin temp & texture? red areas? blanchable? white areas? rash? dry/scaly/moist? odor? diaphoresis? itchy?</p>	<p>BP orthostatic drop? dizziness? fainting? falling? CP? Apical rate, rhythm, murmurs? Radial & pedal pulses Skin temp & texture Lesions, rashes, bruises? Pallor? edema? Skin turgor Cap refill <3 sec? ROM & pain Equal strength, sensation & limb symmetry</p>	<p>Responsive? if not: PERRL & GCS Makes eye contact? Converses appropriately? Change in speech? Mood & Affect (flat, teary, labile, appropriate, cheerful?) Oriented X3 (person, place, time) Gait different? ataxia? Change in symmetry? Change in strength? Numbness, paresthesia? Change in sensation? Change in senses? Fatigue? Slept well? Depression? Anxiety? Restlessness? SI risk? Fearful? Manic? Confused? (MiniMental)</p>

In	Out	Pain (LOTTAARRPP!)	Safety
<p>NPO? Diet restrictions? Fluids at bedside? Intake balance sheet All tubes: kinks? pulling? patent? in situ? Tube sites? red? dc? IV site: infection? infiltration? pain? IV fluid: rate? 5 rights S/C site: red? pain? leaking? O2 mask/np on? O2 rate Feeding tubes: site irritation? in situ?</p>	<p>Output balance sheet Drainage: dressings, wounds, drains, tubes NG: suction rate? container full? Chest tube: rate? intact? draining? Folley: kinked? draining? bag position? in situ? site? Urine: color, clarity, amount Last BM? color & consistency Productive cough? Diaphoresis? Vaginal or penile d/c?</p>	<p>Location - assess site "point with one finger" "draw a circle around the pain" Onset - sudden? new? different? Type - stabbing? cramping? dull ache? Timing - patterns? what Aggravates it? what Alleviates it? Radiation "does it go anywhere" Related symptoms Personal preception "0-10 scale?" Precipitating event? "what were you doing when it hit?"</p>	<p>Call bell in reach? Side rails up if nec.? tubes off floor? Bed lowered? Wheels locked? Specific treatment/ risk needs in place if necessary? Protocols/Risks? Signs in posted? (NPO, isolation, wanderer, etc) In pts reach: PRN O2, urinal, bedpan, tissue, wastebag, call bell, phone Area clutter free? Sharps container? Safe floor & shoes?</p>